









Dr. Ravi Patil Ayurvedic Medical College & Hospital, Honaga - Belagavi

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Ayurveda for wellness at school

Conducted a Health Awareness Program for school children, aimed at promoting healthier habits and raising awareness about important health topics. The session covered essential aspects such as Dinacharya, Sadvrutta, physical activity, and mental well-being.

The response from the students was highly encouraging, and they actively participated in discussions and activities designed to enhance their understanding of health and wellness. We believe this initiative will have a positive impact on their lifestyle choices and overall health in the long run.

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