

**Dr. Umakant N. Rabb**

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### **Summary of Activities-**

More than 17 years experience in Medical industry with specialization in **Dravyaguna Vijnana** trusted, patient focused and experienced locum doctor with a long history of serving patients by successfully diagnosing, treating and also managing their illness and diseases.

Expert in maintaining the reports of patient and person centered approach towards counseling. Having experience in analyzing complex medical issues quickly & negotiates with third parties with patience.

Detail study of Medicinal plants (Botanical, Phytochemical, Pharmacological etc.) and its utilization in Ayurvedic drug manufacturing.

Cultivation of medicinal plants in an organic manner and encouraging the farmers to cultivate the medicinal plants along with their crops.

### **Career Activities-**

Successfully running an Ayurvedic clinics, where I can facilitate people to be physically fit & mentally healthy for well being even to overcome disorders/diseases safely with the application of Authentic Ayurvedic medicines, Psychology, Yoga and Alternative Therapies.

### **Academic qualification-**

M.Sc in Psychotherapy and counselling from the Global Institutes Kolkata, affiliated by The New Age International University, Las Vegas – Nevada. U.S.A 2013.

M.D.(Ayu), K.L.E.'S B.M.K. Ayurveda Mahavidyalaya Belagavi, Karnataka India, 2011

B.A.M.S, Rural Ayurvedic Medical College Belagavi, Karnataka India, 2006

Aroma Therapy, Academy of Indian Medicine, Pune, Maharashtra, India, 2006

### **Research activities-**

Study of different market samples with genuine sample of Bala (*Sida cordifolia* Linn.)

W.R.T. Pharmacognocny and Phytochemistry

Editing “**Dhanwantari Nirgati**” manuscript provided by the University of Pennsylvania USA.

Successfully edited the manuscript “**SHREE VAIDYAKA PRIYA NIGHANTU**” (Manuscript provided by Bhagawan Mahavir Jain Aradhana Kendra Koba, Gujrat)- Chaukhamba Sanskrit Series Office, Varanasi

Successfully edited the manuscript “**GUNARATNAMALA**”- Chaukhamba Krishnadas Academy, Varanasi

More than 60 articles have been published so far in the International Journals.

Presently serving Associate Professor, Department of Dravyaguna Vijnana, Shri Ravi Patil Health and Education Society’s, Dr. Ravi Patil Ayurvedic Medical College, Hospital and Research Centre, Honaga, Belagavi, Karnataka, India.

### **Clinical Experience-**

Extensive clinical experience in Ayurvedic panchakarma.

Preparation of Ayurvedic medicines with different combination related to different diseases, Yoga, Meditations.

Strong background of dealing with chronic diseases and resolving surgery related issues.

Knowledge on Pathya and Apathyas in related disease conditions.

### **Publications-**

**PHYTOCHEMICAL ANALYSIS OF BEEJA CHOORNA AND PATRA SWARASA OF CHAKRAMARDA (*Cassia tora* Linn) :-** Ayurvediya Masik on September 2010.

**MEDICINAL PROPERTIES OF VARIOUS TYPES OF MILK: AN AYURVEDIC REVIEW:-** International Journal of Multidisciplinary Research and Development Online ISSN: 2349-4182, Print ISSN: 2349-5979; Impact Factor: RJIF 5.72 Volume 6; Issue 11; November 2019; Page No. 210-217

**THE HARITA SAMHITA AN ANCIENT AYURVEDIC TEXT- A LITERARY REVIEW:-** Journal of Ayurveda and Integrated Medical Sciences | May - June 2019 | Vol. 4 | Issue 3

**A REVIEW ON PHARMACOLOGICAL ACTIVITIES OF DASHEMANI GANAS OF CHARAKA SAMHITA:-** International Journal of Pharmaceutical Archive-8(1), 2019, 1-7

**INTRODUCTORY KNOWLEDGE OF ANNAPANA VARGA - A LITERARY REVIEW:-** Journal of Ayurveda and Integrated Medical Sciences | May - June 2018 | Vol. 3 | Issue 3

**MATERIA MEDICA OF BALA DWAYA - A LITERARY REVIEW:-** Journal of Ayurveda and Integrated Medical Sciences | July - Aug 2018 | Vol. 3 | Issue 4

**PHARMACOLOGY OF SHOTHAHARA DRAVYAS - A LITERARY SURVEY:-** Journal of Ayurveda and Integrated Medical Sciences | Sep - Oct 2018 | Vol. 3 | Issue 5

**REVIEW ON DHANVANTARI NIGHANTU - AN IMPORTANT AYURVEDIC LEXICON:** International Journal of Ayurveda and Pharma Research, IJAPR | August 2018 | Vol 6 | Issue 8

**MOOTRA VARGA ACCORDING TO DIFFERENT AYURVEDIC LEXICONS- LITERARY REVIEW:-** INTERNATIONAL AYURVEDIC MEDICAL JOURNAL IAMJ: Volume 6, Issue 8, August - 2018

**PHARMACOLOGICAL ACTIVITIES OF SHAKA VARGA (MEDICINAL VEGETABLES)- AN AYURVEDIC REVIEW:-** International Journal of Current Research Vol. 11, Issue, 09, pp.7232-7239, September, 2019

**PHARMACOLOGICAL ACTIVITIES OF MISHRAKA GANA ACCORDING TO DIFFERENT CLASSICAL AYURVEDIC TEXTS- A LITERARY SURVEY:-** World Journal of Pharmaceutical Research SJIF Impact Factor 8.074 Volume 8, Issue 1, 560-573. Review Article ISSN 2277– 7105

**PHARMACOLOGICAL ACTIONS OF KASA HARA DRAVYAS - A LITERARY REVIEW :-** World Journal of Pharmaceutical Research SJIF Impact Factor 8.074 Volume 8, Issue 7, 959-966. Review Article ISSN 2277– 7105

**CONCEPT OF GUNA ACCORDING TO DIFFERENT AYURVEDIC TEXTS - A LITERARY REVIEW:-** European Journal Of Pharmaceutical And Medical Research ISSN 2394-3211 EJPMR

**NIDANA PANCHAKA OF ATATVABHINIVESHA - A Literary Review:-** International Journal of Ayurvedic and Herbal Medicine 8:5 (2018) 3336–3340

**SHADRASAS (SIX TYPES OF TASTES) ACCORDING TO DIFFERENT AYURVEDIC TEXTS- A LITERARY SURVEY :-** Galore International Journal of

Health Sciences and Research Vol.4; Issue: 2; April-June 2019 Review Article  
P-ISSN: 2456-9321

**INTRODUCTION OF JANTAVA DRAVYAS - GOROCHANA, KASTURI, MRIGASRINGI - A LITERARY SURVEY :-** International Journal of Applied Ayurved Research ISSN: 2347- 6362

**PHARMACOLOGICAL ACTIVITIES OF ARKA DWAYA - A LITERARY REVIEW:-** International Journal of Research and Review E-ISSN: 2349-9788; P-ISSN: 2454-2237

**A REVIEW ON PRIYA NIGHANTU - AN IMPORTANT AYURVEDIC LEXICON :-** SSRG International Journal of Pharmacy and Biomedical Engineering - ( SSRG - IJPBE ) – Volume 6 Issue 3 Sep to Dec 2019 ISSN: 2394 - 2576

**MEDICINAL FLOWERS- AN AYURVEDIC REVIEW:-** Scholars International Journal of Traditional and Complementary Medicine Abbreviated Key Title: Sch Int J Tradit Complement Med ISSN 2616-8634 (Print) ISSN 2617-3891 (Online) Scholars Middle East Publishers, Dubai, United Arab Emirates.

**PHAMACOLOGICAL ACTIVITIES OF PHALA VARGA (MEDICINAL FRUITS) AN AYURVEDIC REVIEW :-** European Journal of Medical and Health Sciences Vol 1, No 4, October 2019

**PHARMACOLOGICAL ACTIONS OF SHWASA HARA DRAVYAS(ANTI ASTHMATIC/BRONCHIAL ANTI SPASMODICS DRUGS) - A LITERARY REVIEW-** Indian Research Journal of Pharmacy and Science; ISSN(O)-2349-5332, Mar.: 20

**ROLE OF ANJANA IN SHUKLAGATA ROGA - LITERARY REVIEW:-** International Journal of Current Research Vol. 12, Issue, 03, pp.10566-10570, March, 2020 ISSN: 0975-833X

**PHARMACO THERAPEUTICS OF DEEPANIYA DRAVYAS (Appetizers / Stomachics / Digestive Drugs) - A LITERARY REVIEW:-** JUN 2020 | IRE Journals | Volume 3 Issue 12 | ISSN: 2456-8880

**A REVIEW ON MAHAPAISHACHIKA GHRITA - An Ayurvedic Formulation Used in Psychiatric Disorders:-** © NOV 2020 | IRE Journals | Volume 4 Issue 5 | ISSN: 2456-8880

**PHARMACOLOGICAL ACTIONS OF LEKHANIYA DRAVYAS (WEIGHT REDUCING DRUGS) - A LITERARY REVIEW:-** European Journal Of Pharmaceuticaland Medical Research, ejpmr, 2020,7(5), 643-647, ISSN 2394-3211.

**A LITERARY REVIEW ON BALA PANCHAKA-** International Journal of Science Academic Research Vol. 01, Issue 09, pp.694-697, December, 2020, ISSN: 2582-6425.

**A REVIEW ON BHOOTA BHAIKAVA GHRITA - AN AYURVEDIC FORMULATION USED IN PSYCHIATRIC DISORDERS-** World Journal Of Pharmacy And Pharmaceutical Sciences, Volume 9, Issue 12, 554-571, ISSN 2278 – 4357.

**BRUMHANIYA DRAVYAS (WEIGHT PROMOTING DRUGS) - A LITERARY REVIEW-** World Journal of Pharmaceutical Research Volume 9, Issue 7, 1021-1028. ISSN 2277– 7105.

**HARITAKI CHIKITSATMAKA ADHYAYAN WITH THE REFERENCE OF CHARAKA CHIKITSA STHAN-** International Journal of Science Academic Research Vol. 01, Issue 08, pp.523-524, November, 2020, ISSN: 2582-6425

**KARMAS (PHARMACOLOGICAL ACTIONS) - AN AYURVEDIC REVIEW-**International Journal of Innovation Scientific Research and Review Vol. 02, Issue, 05, pp.206-210, May, 2020.

**MEDICINAL PLANTS W.S.R TO RAJA VALLABHA NIGHANTU- A REVIEW-** ISSN: 2582-7634, International Journal of Indian Medicine, 2021; 2(1):29-60

**NIKUMBHADI GANA ACCORDING TO CHANDRA NIGHANTU / MADANADI NIGHANTU - A REVIEW-** International Journal Of Multi Disciplinary Educational Research Issn:2277-7881; Impact Factor :6.514(2020); Ic Value:5.16; ISI Valume:2.286 Peer Reviewed and Refereed Journal:VOLUME:9, ISSUE:11(7), November:2020

**MADANADI GANA WITH SPECIAL REFERENCE TO MADANADI NIGHANTU OR CHANDRA NIGHANTU-** International Research Journal of Ayurveda & Yoga- Vol-3, Issue-11 (November) 2020, Page no-113-127, ISSN NO-2581-785X

**REVIEW ON PARNI CHATUSTHAYA-** Journal of Medical Pharmaceutical and Allied Sciences, V 9-I 6, 998. November-December 2020, P-2621-2624, ISSN NO. 2320 – 7418

**PUSHPA VARGA WITH SPECIAL REFERENCE TO BHAVAPRAKASHA NIGHANTU-** International Journal of Medical Science in Clinical Research and Review ISSN: 2581-8945 Volume 03|Issue 06 (November-December)|2020|

**A REVIEW ON AMRADI VARGA(MEDICINAL FRUITS) w.s.r to DHANWANTARI NIGHANTU-** International Research Journal of Ayurveda & Yoga, Vol 4 Issue 3, Page No-204, (April 2021). ISSN NO- 2581-785X.

**PHARMACOLOGICAL ACTIONS OF CHANDANADI VARGA(AROMATIC PLANTS) W.S.R TO DHANWANTARI NIGHANTU-** European journal of biomedical and pharmaceutical sciences, Vol-8, Issue 4, Page no- 351-359, 2021, ISSN NO- 2349-8870.

**KITCHEN HERBS AND THEIR THERAPEUTIC ACTIONS- A REVIEW-** European Journal of Biomedical and Pharmaceutical sciences, Vol-8, Issue 10, Page No- 163-167, 2021, ISSN NO-2349-8870.

**HRIDYA- CARDIO TONIC DRUGS ACCORDING TO CHARAKA SAMHITA,** International Research Journal Of Pharmacy and Medical Sciences, Volume 5, Issue 1, pp 7-9, 2021, ISSN(ONLINE) 2581-3277

**A REVIEW ON SHATAPUSHPADI VARGA W.S.T DHANWANTARI NIGHANTU,** Global Journal for Research Analysis, Volume-10, ISSUE 08, August 2021, Print ISSN No-2277-8160.

**DRUGS AND THEIR PHARMACOLOGICAL ACTIONS OF MAHAPAISHACHIKA GHRITA- A FORMULATION REVIEW,** J.Bio. Innov 10(5), pp 1233-1240, Sep-2021, ISSN-2277-8330

**REVIEW ON DHANWANTARI NIGHANTU, BHAVAPRAKASHA NIGHNATU, AND RAJA NIGHANTU,** Journal Of Medicinal Plants Studies, 2022; 10(1): 8-11, ISSN(E): 2320-3862, ISSN(P): 2394-0530

**REVIEW ON BRIHATI DWAYA,** International Journal Of Advanced Multidisciplinary Research, 2022, 9(4): 13-23, ISSN: 2393-8870

**PHARMACOLOGY OF GUDUCHYADI VARGA W.S.R. TO DHANWANTARI NIGHANTU- A REVIEW,** World Journal of Pharmacy and Pharmaceutical Sciences, Volume 11, Issue 5, 2022, pp 1233-1253, ISSN 2278-4357

**PHARMACOLOGICAL ACTIOS OF ELA DWAYA- A REVIEW,** International Research Journal of Ayurveda and Yoga, Vol.5(4), 92-97, April 2022, ISSN 2581-785X.

**PHARMACOLOGY OF KARAVIRADI VARGA ACCORDING TO DHANWANTARI NIGHANTU,** Galore International Journal Of Health and Research, Vol 7. Issue 2, April-June 2022, ISSN(P) 2456-9321

**PHARMACOLOGICAL ACTIONS OF AN AGARU -A REVIEW**, International Journal of Modern Pharmaceutical Research, 2022, 6(5), 17-20, ISSN 2319-5878

**VIRECHANA GANA ACCORDING TO CHANDRA NIGHANTU -A REVIEW**, International Journal of Innovation Scientific Research and Review, Vol 04, Issue; 06, pp 2952-2955, June 2022, ISSN : 2582-6131

**PLANTS OF DHANWANTARI NIGHANTU- A REVIEW**, International Journal of Current Research, Vol 14, Issue 07, pp 21857-21864, July 2022, ISSN 0975-833X

**CRITICAL REVIEW ON AGNIMANTHA(PREMNA INTEGRIFOLIA LINN AND CLERODENDRUM PHLOMODIS LINN)**, International Journal of Multidisciplinary Research and Growth Evaluation, Vol 03, Issue 04, July-August 2022, PP 293-299, ISSN(O) 2582-7138

**PHARMACOLOGICAL REVIEW ON PURIFICATION OF VISHA DRAVYAS(POISONOUS PLANTS) ACCORDING TO AYURVEDA**, International Journal of Current Science Research and Review, Vol-5, Issue 08, August 2022, Page No-3265-3272, ISSN 2581-8341

**CONCEPT OF DRAVYA(DRUG) AND ITS CLASSIFICATION- A BRIEF REVIEW**, International Journal of Scientific Research Updates, 2022, 04(01), 250-261, ISSN 2783-0160

**CONCEPT OF VEERYA(ACTIVE PRINCIPAL/POTENCY/BIO ACTIVE COMPOUNDS OF DRUG)- A REVIEW**, International journal of Research in Academic World Vol-1. Issue 13, Page No- 55-59. ISSN(E) 2583-1615

**ESSENTIALS OF VIPAKA (POST DIGESTIVE EFFECT)**, World journal of Pharmacy and Pharmaceutical Sciences, Vol-11, Issue 12, pp 304-312, ISSN 2278-4357.

**REVIEW ON PRABHAVA(THE SPECIFIC ACTION OR SPECIFIC POWER OF THE DRUGS)**, International Journal of Research and Analytical Reviews, December 2022, Vol-9, Issue 4, ISSN(E) 2348-1269, ISSN(P) 2349-5138.

**ACHARYA SUSHRUTOKTA GANA AND THEIR PHARMACOLOGICAL ACTIONS- A REVIEW**, Journal of Ayurveda and Holistic Medicine, Vol-XI, Issue II, Feb. 2023, ISSN(E) 2321-1563.

**THE DRUGS OF MUTRAVAHA STROTAS(RENAL SYSTEM)- A REVIEW**, International Research Journal of Ayurveda and Yoga, Vol-6 (5), 119-124, May 2023, ISSN:2581-785X

**MANAGEMENT OF MUTRASHMARI BY AN AYURVEDIC FORMULATION WITH SPECIAL REFERENCE TO ULTRASONOGRAPHY- A CASE STUDY**, International Journal of Multidisciplinary Health Sciences, Vol. IX, Apr-Jun 2023, ISSN: 23949406

**ASTROLOGICAL INDIAN MEDICINAL PLANTS- A REVIEW**. International Journal of Medical Science and Dental Research, Vol 06, Issue 04(July-August 2023), PP 147-159, [www.ijmsdr.org](http://www.ijmsdr.org) ISSN: 2581-902X.

**REVIEW ON VIRATARUVADI KASHAYA IN MOOTRASHMARI-** International Journal of Modern Pharmaceutical Research, Vol 07, Issue 10, pp 41-46 , ISSN : 2319-5878.

**AYURVEDIC MEDICINAL PLANTS ACTING ON CENTRAL NERVOUS SYSTEM**, Journal of Pharmacognosy and Phytochemistry 2023; 12(5): 444-446 E-ISSN: 2278-4136 P-ISSN: 2349-8234 <https://www.phytojournal.com> JPP 2023; 12(5): 444-446

**CRITICAL REVIEW ON BRAIN TONICS IN AYURVED**, World Journal of Pharmaceutical Research, ISSN 2277-7105, Volume 12, Issue 19 : 328-340

**.DETERMINATION OF SPECIFIC GRAVITY AND DENSITY TESTS OF SARIVA (*Hemidesmus indicus* R.Br. Asclepidaceae /Apocynaceae)**. GSC Biological and Pharmaceutical Sciences, 2023, 25(02), 187–190, September 2023; revised on 09 November 2023; <https://doi.org/10.30574/gscbps.2023.25.2.0479>, eISSN 2581-3250 CODEN (USA), GBPSC 2.

#### **BOOKS PUBLISHED-**

**“VYADHION KI VYUTPATTI, CHIKITSA EVAM UNAKA PRAYASCHITTA KARMA”-** SARASWATI PUBLICATION, BELGAVI

**“SHREE VAIDYAKA PRIYA NIGHANTU”** (Manuscript provided by Bhagawan Mahavir Jain Aradhana Kendra Koba, Gujrat)- Chaukhamba Sanskrit Series Office, Varanasi

**“GUNARATNAMALA”-** Chaukhamba Krishnadas Academy, Varanasi

**THERAPEUTIC USES OF MEDICINAL PLANTS-** Chaukhamba Krishnadas Academy, Varanasi

**“RASA IN BRIHATRAYEES”-** Saraswati Publication, Belagavi



**“POTENTIAL PARTS OF MEDICINAL PLANTS”**- Saraswati Prakashana,  
Belgavi

**“DRUGS ACTING ON MOOTRAVAHA STROTO VIKARAS”**- Saraswati  
Prakashana, Belgavi

**“VISHISHTHA YOGAS”**- Aunthetic Ayurvedic Formulations - Manakarnika  
Publishers Pune

**“PARYAAYA - SYNONYMS OF INDIAN MEDICINAL PLANTS”**-  
Manakarnika Publishers Pune.

**“AHARA - VARGA - A Handbook Of Classical Food Ingredients”**- Chaukhamba  
Krishnadas Academy, Varanasi

**NOTES ON DRAVYAGUNA VIJNANA** (Fundamental Principles of Ayurvedic  
Pharmacology), Chowkhamba Krishnadas Academy, Varanasi.

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**Signature**

**Date:**

**Place:** Belgaum